



SPRING CLASS INFO 2025

CARSTAIRS LOCATION

Spring Session	Summer Session
April 28 - June 20, 2025	July 2 - August 29, 2025
Gym Closed	Gym Closed
May 16-19	July 26 - August 3
	August 29 - September 8

Sessional Classes Spring Session: April 28-June 20, 2025	DAYS	TIME	COST
Learn & Play Ages 3-5 <small>*Must be fully independent in the bathroom</small>	Wednesday	12:00am-2:00pm	\$220.00
	Thursday	11:00-1:00pm	\$220.00
Parent & Tot Ages 2-4	Wednesday	11:00-11:45 am	\$100.00
	Thursday	10:00-10:45am	\$100.00
Recreational Classes September 9, 2024 - April 11, 2025	DAYS	TIME	COST
Junior Parkour Ages 5-7	Wednesday	4:15-5:15pm	\$160.00
Intermediate Parkour Ages 7-9	Wednesday	5:15-6:15pm	\$160.00
	Wednesday	6:15-7:15pm	\$160.00
Senior Parkour Ages 9-12	Wednesday	7:30-8:30pm	\$160.00
Kinder Ages 4-6 <small>For children new to gymnastics or who are working on Level 1 & 2</small>	Monday	5:15-6:15pm	\$140.00
	Tuesday	5:30-6:30pm	\$160.00
	Wednesday	4:15-5:15pm	\$160.00
	Thursday	4:15-5:15pm	\$160.00
	Thursday	5:15-6:15pm	\$160.00
Beginner Rec Ages 6+ <small>For children new to gymnastics or are working on Level 2-4</small>	Monday	4:00-5:15pm	\$170.00
	Tuesday	6:30-7:45pm	\$195.00
	Wednesday	4:00-5:15pm	\$195.00
	Wednesday	5:15-6:30pm	\$195.00
Intermediate Rec Ages 8+ <small>For children new to gymnastics or are working on Level 4-6</small>	Monday	6:30-8:15pm	\$200.00
	Wednesday	6:30-8:15pm	\$225.00
	Thursday	6:15-8:00pm	\$225.00
Teen Rec Ages 10+ <small>For new or returning athletes ages 10+, they will work on levels according to individual skill levels</small>	Wednesday	6:30-8:15pm	\$225.00
Recreational Competitive Classes	DAYS	TIME	COST
Pre-Competitive Ages 7-9 <small>Xcel Bronze - Gold according to individual skill levels</small>	Tuesday	4:30-6:30pm	\$280.00
Teen Rec Performance Ages 10+ <small>Xcel Bronze - Gold according to individual skill levels</small>	Tuesday	6:30-8:30pm	\$280.00

EXTRA FEES : IGC Equipment Fee, Registration Fee and Alberta Gymnastics Insurance

AGF Fee, Registration and Equipment Fee is a One time fee per year based on July -June

*Additional volunteer required