



Safety Policies

Welcome to Imagine Gymnastics Club (IGC)! This guide is for parents with children in our programs. You've got questions; we've got answers! We'll do our best to explain how everything works during this confusing & uncertain time.

We are so honoured that you're now a member of our team! We are excited about the year ahead and all the awesome things that we're going to do together. We are grateful for your time, your commitment, and your investment in our community. Thank you for choosing us!

COVID-19 screening & protocol

We have implemented crucial COVID-related risk mitigation protocols to help keep you and your family safe. These policies are fluid and may change as Public Health guidelines are updated. We ask that all athletes come to the gym symptom-free, already in their appropriate practice attire, sanitize their hands upon entry, and observe social distancing and instructions from their coaches. Parents & Guardians must fill out our Google forms Health screening checklist for their child once at the beginning of each session. All athletes are required to self-screen for symptoms before entering the facility. If you are feeling unwell, please stay home.

Imagine Gymnastics Club strictly follows the Guidance for Parents of Children Attending School and/or Childcare recommendations by Alberta Health Services. Credible, up to date and trustworthy information regarding COVID-19 may be found on the Alberta Government website.

We will communicate any changes directly to you in real-time, but for now, kindly observe the following policies, **updated September 16th, 2021.**

Masking Protocol

As of the most recent AHS update Sept. 15, 2021: Masks must be worn by all adults and children ages 9 & older entering and exiting the facility - parents, athletes, and staff - everyone. All athletes may remove and safely store their masks once inside the facility. Please send a labelled Ziplock bag, so that your child can safely store their mask when not in use.

Athletes are welcome to wear masks during practice, if they so choose.

All athletes, ages 9 and older, in the Recreational and Competitive programs, as well as parents and staff, who are entering and exiting the building, are required to wear a mask – no exceptions, no exemptions. If you are a parent in a Parent & Tot class, you will be expected to mask up. If you forget your masks we will have disposable ones available at the door. We are obligated by AHS & AGF to comply fully in this area. We thank you in advance for your maturity, selflessness, and understanding.

Important Forms

You will have had to accept two waiver forms when you registered your child for our program on Uplifter.

These include:

- [Minor Release of Liability for Participation in Gymnastics](#)
- [Personal Information Protection Act \(PIPA\) form](#)

Release of Liability forms help parents/guardians to understand and acknowledge the liability associated with gymnastics. The Personal Information Protection Act form allows parents/guardians to understand and acknowledge how IGC handles your personal information. These forms protect the club, and your family, and are completed every year, without exception. These forms are valid for one “gymnastics year”, July 1st to June 30th.

As of the last AHS Covid update on September 15th, 2021, all parents/guardians are required to fill out a Sessional covid screening form for each child enrolled in our programs, found here: <https://forms.gle/pt8zWZKP4vLQEAG46>. This form is valid until April 30, 2022.

Drop-offs and Pick-ups at the Gym

When arriving for class, we ask that you:

- Self-screen for symptoms before you arrive to ensure that your child healthy for class
- Arrive no earlier than 5 minutes before class starts and pick them up no later than 5 minutes after class finishes.

- When dropping your children off or picking them up please stay outside, in your vehicle, if possible.
- We are not allowed to have any spectators at this time.

If your young child requires help getting into the building and ready for class, we ask that only one parent accompany them, and any other siblings or adults wait in the vehicle. We are actively working to avoid overcrowding.

When class is over, a coach will be there to ensure they are picked up by a family member or someone approved by the family. We ask all people picking up athletes to stay in their vehicles, if possible.

If you need to speak to a coach, please send us an email:

- Michelle Jaffray, Head Coach - michelle@imaginegymnastics.com
- Jen Jardine, Head Coach - jen@imaginegymnastics.com
- General Inquiries - info@imaginegymnastics.com
- Club President - dustinsymes@imaginegymnastics.com

Personal Items

All athletes need to bring a clearly labelled water bottle to every class. All personal items should be stored in a bag. Please remember that ICG is not responsible for lost, damaged or stolen items.

Facility Procedures

Facilities are cleaned and disinfected between groups and in the evenings. This includes but not limited to:

- High touch surfaces, such as light switches, phones and doorknobs
- Bathrooms
- Both entrances
- Equipment
- Offices

The following cleaning products will be used inside of the club:

- [Birds & Bees Distillery Hand Sanitizer](#)
- [Airx 44 Disinfectant](#)
- [Vital Oxide Fogger](#)
- Spray Disinfectants
 - Sprayway no15- Disinfectant spray for healthcare use
 - Sprayway no866 - Disinfectant surface cleaner

Physical Distancing

Participants have designated spots to stand on before, during and after each training. Facilities are mapped out in a 6ft x 6ft grid. Directional flows have been identified to accommodate physical distancing.

Equipment

Equipment and stations will be sanitized after each group has left the facility.

Frequently Asked Covid Questions

What happens if my child becomes unwell, or displays symptoms, during their class?

If the athlete becomes unwell inside of the training facility, they are to report to the coach. The coach will move the athlete to a safe space, away from others, and notify their parents. Parents will need to pick-up their child up as soon as possible. We will recommend that parents review the [Guidance for Parents of Children Attending School and/or Childcare recommendations by Alberta Health Services](#) when deciding what action to take.

Other athletes present will be directed to wash their hands. Equipment and high-touch surfaces will be disinfected, and the event will be documented. We document all instances in case contact tracing is required at a later date; having up-to-date records can expedite contact tracing.

What happens if my child becomes unwell, or displays symptoms, when they are not in class?

If the athlete becomes unwell outside of the training facility and is unable to attend class, please let us know they will be absent by emailing info@imaginegymnastics.com . Please do not return your athlete to class until all their symptoms have resolved.

What happens if I discover that my child has been exposed to COVID-19, or has recently experienced a positive test result, after they attended class at IGC?

If an athlete reports they have been exposed to COVID-19, or have recently experienced a positive test result, parents will need to notify the club at info@imagegymnastics.com . We will notify the other impacted families of the potential exposure and the dates in which it occurred via email. We will oversee that enhanced cleaning measures are taken to reduce the risk of transmission. The athlete will not be permitted to return to the facility until they are symptom-free.

We will notify the Board of Directors, coaching staff, Alberta Health Services and the Alberta Gymnastics Federation of potential exposures or confirmed cases, as needed.

If there has been an exposure, or a confirmed case, will class be cancelled?

Depending on the situation, the Designate and Board of Directors may consider the suspension, or temporary cancellation, of an event/training. All efforts will be made to avoid class cancellations.

In the unfortunate event that the club must close due to an outbreak, the facility will be closed for several days, or as directed by AHS, and deep-cleaned, so that it is safe for coaches and athletes to return to. If a closure happens, we will communicate with you in real-time. Unfortunately, IGC will be unable to issue refunds for COVID-related closures. If it is safe to do so, make-up classes may be considered.

What happens after my child's symptoms resolve?

If an athlete waits until their symptoms resolve, they may attend class when they are symptom-free.

If the athlete had recently experienced a positive test result, parents will need to inform the club at, info@imagegymnastics.com indicating when the athlete is safe to return to the club.