



FALL CLASS SCHEDULE 2022

CARSTAIRS LOCATION

Fall Session	Winter Session	Spring Session
Sept 12-Dec 9, 2022	Jan 9-March 31, 2023	April 24-June 23, 2023
Gym Closed	Gym Closed	Gym Closed
Sept 30, Oct 10	February 18-20	May 19-22
Oct 31, Nov 11, Dec 2	March 24-27	June 24 - July 2
Dec 10 - Jan 8	April 4-23	

Session 1 - Fall 2022 September- December 2022	DAYS	TIME	COST
Learn & Play Ages 3.5-5 *Must be fully independent in the bathroom	Tuesday	11:00am-1:00pm	\$205
	Wednesday	11:00am-1:00pm	\$205
	Thursday	11:00am-1:00pm	\$205
Parent & Tot Ages 2-3.5	Monday	4:00-4:45pm	\$11
	Tuesday	10:00am-10:45am	\$130
	Thursday	10:00am-10:45am	\$130
Junior Parkour Ages 5-7	Friday	4:00-4:45pm	\$100
	Wednesday	4:00-5:00pm	\$215
	Wednesday	5:00-6:00pm	\$215
Intermediate Parkour Ages 7-9	Wednesday	6:15-7:15pm	\$215
Senior Parkour Ages 9-12	Wednesday	7:15-8:15pm	\$215
Acro & Tumbling Ages 8+	Monday	6:30-7:30	\$185
Rec Gymnastics Classes September 2022-March 2023	DAYS	TIME	COST
Kinder Keeners Ages 5+	Wednesday	1:15-2:15pm	\$420
	Wednesday	4:00-5:00pm	\$420
	Thursday	4:00-5:00pm	\$420
	Friday	4:45-5:45pm	\$355
Beginner Rec Ages 6+	Monday	5:00-6:15pm	\$420
	Tuesday	5:30-6:45pm	\$500
	Wednesday	5:15-6:30pm	\$500
	Friday	5:45-7:00pm	\$420
Intermediate Rec Ages 7+	Monday	4:45-6:30pm	\$550
	Wednesday	6:30-8:15pm	\$625
	Thursday	5:15-7:00pm	\$625
*Advanced Rec 8+	Tuesday & Thursdays	7:00 -8:30pm	\$900
Recreational Competitive Team September 2022-June 2023	DAYS	TIME	COST
*Xcel Bronze Rec Team 6+	Tuesday & Thursday	4:00-5:30pm	\$1,190

EXTRA FEES : IGC Equipment Fee, Registration Fee and Alberta Gymnastics Insurance

AGF Fee, Registration and Equipment Fee is a One time fee per year based on July -June

*Additional volunteer required